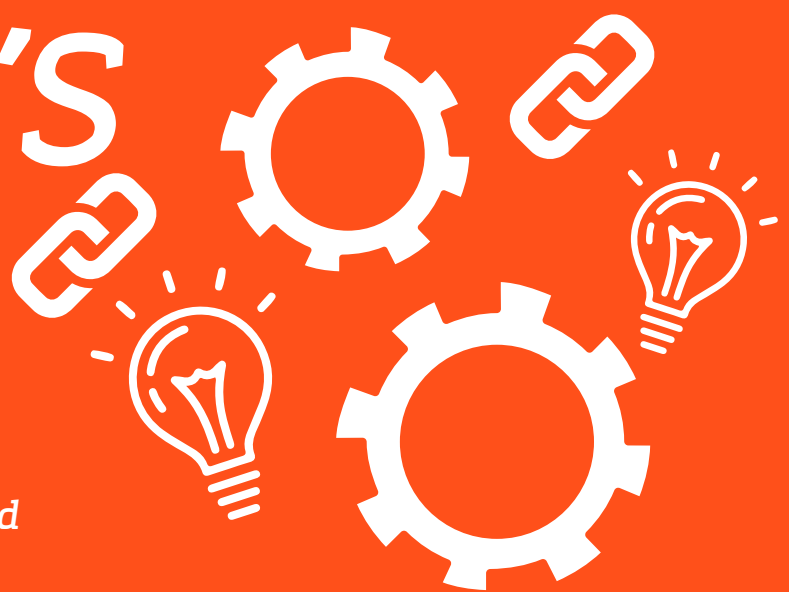


WRITER'S BLOCK

tools, links, and tips

Defeat Writer's Block -

Find new ideas, flex your creativity, and find your focus.



TOOLS TO GENERATE AND RECORD IDEAS

Explore new ideas and keep track of them easily

- Hubspot's Blog Ideas Generator: Plug in information and see what ideas come up
- Blogabout: Incredibly simple - just keep refreshing to get a new topic to blog about
- Soovle: Type your topic in and see the top related search terms from every major search engine
- Papier: This Chrome extension provides a quick note-taking feature right in your browser

LINKS TO FIND NEW IDEAS

Some of the best sources of inspiration are the most popular

- Quora: search for questions about topics you're interested in and view popular answers
- Pinterest: search for your topic and you'll see a wide variety of visual formats and information
- Twitter: search for your topic and see what people are saying, what's been shared recently
- Google Image Search: look for visual results instead of written ones

ACTIVITIES TO HELP YOU PRACTICE

Flex your writing muscles with online tools that force you to think

- OneWord: this website will give you one word and you've got 60 seconds to focus and write about it
- Plinky: Different prompts generate a variety of scenarios forcing you to think differently
- Oflow: This app prompts you with scenarios to force you to think differently about your topic
- Ilys: Set a word count and this app will force you to write and produce ideas until you've reached it

TOOLS TO HELP YOU FOCUS

Distraction and stress can cause writer's block. Use these tools to eliminate them both.

- ZenPen and Calmly Writer: Two bare-bones online writing tools people use to minimize distractions
- Headspace: Learn how to meditate and bring some calm, focused time to your day
- HazeOver: Focus on one task by fading out every other window on your screen
- Marinara Timer: set time limits to focus your efforts and take regular breaks to recharge

THINGS YOU COULD DO

Decorate - play some music, use a white noise machine, darken the room, open a window - set the right mood and create a relaxed environment for yourself

Get some coffee - caffeine can help energize your brain

Do a mundane task - wash dishes, fold laundry, even playing certain video games involve almost no thought - it can allow your brain to relax and refocus

Change your location - Sit in a different spot, move to a different room, go outside, or use the wi-fi at your favorite coffee shop

Don't stress! - It's okay, writer's block will pass. Take a break, and then try these tools and tips and you'll get through it.